

## A Study On The Emotional Intelligence Of Intermediate Students

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### Abstract

The present study focused on the study on the Emotional Intelligence of Intermediate Students. The findings of this study will have implication value in designing curriculum. The type of the present research work is 'Applied Research' and uses the 'Survey Method' of research. 'Convenient Sampling Method' adopted for sampling. The researcher adopted Emotional Intelligence inventory by Dr. SK Mangal and Subhra Mangal for collecting the data. The study covered 120 intermediate students. There is a significant difference in inter-personal awareness of intermediate students with regard to gender, locality, and type of college, parents' educational level and annual income. The study recommends that, the colleges need to design the training programmes on Emotional Intelligence as part of the curriculum. The impetus should be given to the training of students in Emotional Intelligence.

**Keywords:** Emotional Intelligence, inter-personal awareness, intra-personal awareness, inter-personal management, intra-personal management.

### Introduction:

Researchers investigated dimensions of Emotional Intelligence by measuring related concept such as social skills; interpersonal competence, psychological maturity and emotional awareness, long before the term 'Emotional Intelligence' come into use. Social scientists are just beginning to uncover the relationship of Emotional Intelligence to another phenomenon, leadership, group performance, individual performance, social exchange, managing change and conducting performance evaluations.

Emotional Intelligence represents the ability to validity reason with emotions and to use emotions to enhance thought. Emotional Intelligence encompasses with self awareness, mood management, self motivation, empathy, managing relationship like this type of characteristics and abilities.

### Statement of the problem:

A study on the Emotional Intelligence of Intermediate Students in Narayankhed Division of Sangareddy District.

### Significance of the study:

A professionally competent person having poor Emotional Intelligence may suffer an account of his inability to deal with his self or getting along with others. Emotional Intelligence helps in all spheres of life through self awareness, managing the emotions, self motivation and managing relationship. The

achievement of the end results in terms of better handling of mutual relationship is quite essential and significant in one's life. The Emotional Intelligence reflects our ability to deal successfully with other people and own feelings. So the researcher has chosen the topic as "A study on the Emotional Intelligence of Intermediate Students in Narayankhed Division of Sangareddy District".

### Objectives of the study:

1. To study the difference in Emotional Intelligence of intermediate students with regards to gender.
2. To study the difference in Emotional Intelligence of intermediate students with regards to government and private college.
3. To study the difference in Emotional Intelligence of intermediate students with regards to parents' educational level.
4. To study the difference in Emotional Intelligence of intermediate students with regards to parents' annual income.
5. To study the difference in Emotional Intelligence of intermediate students with regards to parents' occupation.

### Hypothesis of the study:

1. There is no difference in intelligence of intermediate students with regards to gender.

2. There is no in Emotional Intelligence of intermediate students with regards to government and private college.
3. There is no difference in Emotional Intelligence of intermediate students with regards to parents' educational level.
4. There is no difference in Emotional Intelligence of intermediate students with regards to parents' annual income.
5. There is no difference in Emotional Intelligence of intermediate students with regards to parents' occupation.

**Operational definitions:**

*Self Awareness:* Observing one and recognizing a feeling as it happens.

*Managing Emotions:* Handling feelings so that they are appropriate, realizing what is behind a feeling, finding ways to handle fears and anxieties.

*Motivating oneself:* Channelize emotions in the service of the Institution.

*Self control:* delaying gratification and stifling impulses.

*Intermediate Education:* It is a two year regular course of 11<sup>th</sup> and 12<sup>th</sup> classes in Telangana State pursuing higher education and link between secondary school education and higher education.

*Narayankhed Division:* It is a town in Sangareddy District of the Indian state of Telangana and it is also revenue division.

**Scope of the study:**

*Area:* The researcher is restricted to the intermediate students in Narayankhed Division of Sangareddy District.

*Population:* The population of the study includes all the intermediate students in Narayankhed Division of Sangareddy District.

*Theme:* The research work is restricted to the theme of studying the Emotional Intelligence of intermediate students.

*Applicability:* The research work is applicable to the intermediate students.

**Limitations of the study:**

*Area:* the researcher is limited to the selected colleges which are offering the intermediate course in Narayankhed Division of Sangareddy District of Telangana State only.

*Theme:* The research work is limited to the theme of studying the Emotional Intelligence of the intermediate students.

*Period:* The researcher has to conduct the research in one year that is 2018-2019.

**Review of Related Research and Literature:**

The researcher made an attempt to review the literature and previous studies related to the topic. The researcher reviewed Doctoral thesis as well as M.Phil dissertations of India and abroad. The researcher reviewed the studies of Alexis-Boyd (1998), Lizy (2001), Walker (2001), Mendes (2002), Haskett (2003), Pathan (2004), Mohanasundaram (2004), Barent (2005), Boyd (2005), Phillips (2005), Rosales(2005), Romould (2006) and Robitaille (2008).

**Methodology of the study:**

The Emotional Intelligence research work is 'Applied Research' because, it is concerned with certain sample and the result will be applicable to the educational field. The research work is all about present problem and preparing the future suggestions based on current findings. So 'Survey Method' has adapted for the present study. The population of the study includes all the intermediate students in Narayankhed Division of Sangareddy District. A sample of 120 intermediate students will be taken by 'Convenient Sampling Method' for the study.

**Variables of the study:**

*Dependent Variable:* Level of Emotional Intelligence

*Independent Variables:*

1. Gender (Male and Female)
2. Types of college (Government and Private)
3. Parent education (Literate and Illiterate)
4. Parent occupation (Farmer and Employee)
5. Annual Income ( Below 1 lakh and Above 1 lakh)

**Tools used for the study:**

The researcher used Emotional Intelligence inventory by Dr. SK Mangal and Subhra Mangal (2004). It has been designed for 16+ years age group students for the measurement of their Emotional Intelligence in respect of 4 aspects, 25 items in each dimension. It is answered as 'Yes' or 'No'.

**Statistical Techniques:**

The data analyzed by with the help of Mean, Standard deviation, T-Test and analysis of variance.

**Findings:**

1. There is a significant difference in inter-personal awareness of intermediate students with regard to gender.
2. There is no significant difference in intra-personal awareness, inter-personal management, intra-personal management and overall Emotional Intelligence of intermediate students with regard to gender.
3. There is a significant difference in inter-personal awareness and overall Emotional Intelligence of intermediate students with regard to locality.
4. There is no significant difference in intra-personal awareness, inter-personal management and intra-personal management of intermediate students with regard to locality.
5. There is a significant difference in inter-personal awareness, intra-personal awareness, inter-personal management and overall Emotional Intelligence of intermediate students with regard to the type of college.
6. There is no significant difference in intra-personal management of intermediate students with regard to the type of college.
7. There is a significant difference in intra-personal awareness and intra-personal management of intermediate students with regard to father's educational status.
8. There is no significant difference in inter-personal awareness, inter-personal management and overall Emotional Intelligence of intermediate students with regard to father's educational status.
9. There is a significant difference in intra-personal awareness of intermediate students with regard to father's occupation.
10. There is no difference in inter-personal awareness, inter personal management, intra personal management and overall Emotional Intelligence of intermediate students with regard to father's occupation.
11. There is a significant difference in inter-personal awareness of intermediate students with regard to annual income.

12. There is no significant difference in intra-personal awareness, inter personal management, intra personal management and overall Emotional Intelligence of intermediate students with regard to annual income.

**Educational Implications:**

1. The colleges need to design the training programmes on Emotional Intelligence as part of the curriculum. The impetus should be given to the training of students in Emotional Intelligence.
2. A module covering the following aspects of Emotional Intelligence and self-efficacy can be included in the state board curriculum.
3. The educational experts should incorporate the new element of Emotional Intelligence in the curriculum along with activities.

**Suggestion for further research:**

1. The present study is confined only to Intermediate students. A similar study may be conducted on Graduate and Post Graduate students.
2. The present study is confined to only to Sangareddy Dist. Narayankhed Division. A similar investigation may also be conducted in other districts of Telangana State.

**Conclusion:**

The study concludes that, there is a significant difference in inter-personal awareness of intermediate students with regard to gender, locality, and type of college, parents' educational level and annual income. There is a significant difference in intra-personal awareness and intra-personal management of intermediate students with regard to father's educational status. There is a significant difference in intra-personal awareness of intermediate students with regard to father's occupation. There is a significant difference in inter-personal awareness, intra-personal awareness, inter-personal management and overall Emotional Intelligence of intermediate students with regard to the type of college. The study recommends that, the colleges need to design the training programmes on Emotional Intelligence as part of the curriculum. The impetus should be given to the training of students in Emotional Intelligence.

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